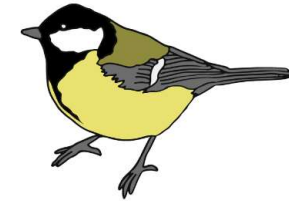
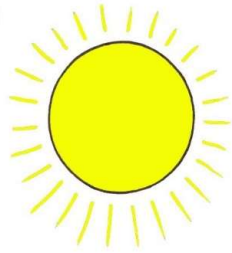


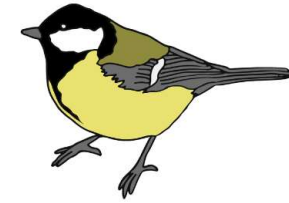
ACTIVITIES TO DO AT HOME with children aged 3 and over week 1



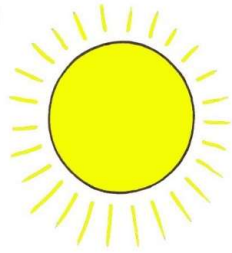
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
When outdoors, what can you see around you? Be as specific as possible (instead of "car" say "van", instead of "tree" say "spruce", etc).	Time for a game! After playing, let your child tell you about the events of the game, describe the characters to you and imagine, what it would be like to live in a world such as in the game.	Shape Hop! Create different shapes (square, triangle, circle, etc) to the floor or to the ground by using masking tape or pavement chalk. Take turns naming the shapes and hop to the corresponding shape.	Initial letters: What letters do your names start with? What about the names of your friends or favourite toys?	Make a video call together: call the grandparents or other loved ones and talk about what you've been doing this week. Encourage your child to describe and ask questions.	Virtual trip to the museum (opinmuseossa.fi)! Discuss what you see. Encourage your child to answer questions beginning with what, how and why?	Active listening: Read one page from a book to your child, let your child then tell you what happened on that page.



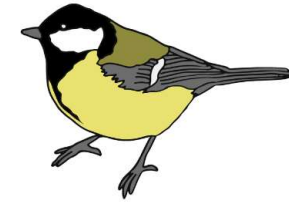
ACTIVITIES TO DO AT HOME
with children aged 3 and over
week 2



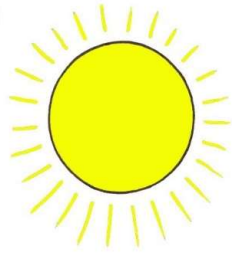
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Look at photos or watch videos from the time your child was a baby. Let your child describe what they looked like, what they did and the skills they had back then.	Where is the toy? Take turns hiding a toy and search for it together. You may give clues! When the toy is found, discuss its location, e.g. "The bear was under the chair".	Can you think of words in your native language that sound similar (rhyme)? Sun and fun, house and mouse, bird and word. How many can you think of?	Play together: Let your child choose the activity and participate in it for 15 minutes.	Picture dictation: Give your child verbal instructions (e.g. Draw a circle in the middle of the paper, write your name to the bottom of the paper, etc). Then switch and let your child give you instructions!	Clean together, e.g. your child's room. Give specific instructions (put the three yellow blocks in the big box, put the doll in the grey box).	Time to bake! While baking, name each ingredient you use and talk about what you are doing.



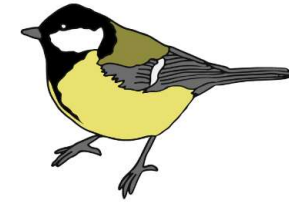
ACTIVITIES TO DO AT HOME
with children aged 3 and over
week 3



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Laundry day! Let your child participate: name each piece of clothing together, be specific (a t-shirt, a sweater, etc) and name the colours in them.	What letters do familiar names or words begin with? Start with words beginning with a vowel (a, e, i, o, u, y, ä, ö).	Guess the word I'm thinking of! Take turns giving clues, the other one tries to guess the word (e.g. What's yellow and shines in the sky?).	Sing your favourite song together. Do the lyrics have some words that are unfamiliar to your child? Discuss the meaning.	Movie Night! Discuss what kind of movie you would like to see. Afterwards let your child tell you what happened in the movie.	Simon says - home workout: Simon says, shake your leg, lift up your right hand, etc. Take turns giving instructions.	Write a letter to a friend! Your child can dictate and you can write it down. You can also practice together, helping your child write letter by letter.



ACTIVITIES TO DO AT HOME
with children aged 3 and over
week 4



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Try listening to an audiobook together (by googling "free audiobooks for children" you can find some free ones). Discuss the book after listening.	Colour Hop! Use pavement chalk to draw different colour circles on the ground. Name the colours, your child has to hop on the corresponding colour as fast as possible.	Look at old photos and talk about what you see in them. Who are the people in the photos? Where were the photos taken and when?	Create a story together, it can be long or short depending on your child's age. Let your child tell you a story and write it down, you can then illustrate it together.	Build a bus or a tram by using pillows or chairs and make an imaginary journey together! What can you see while travelling?	Bag of secrets: Take turns choosing a familiar household item and putting it in a textile bag or pillow case. Others try to guess what's in the bag. You're allowed to feel what's inside and give clues!	Story Massage: Your child can be seated or lying down. Tell your child a short, familiar story, "illustrating" the story by using calm massage strokes on your child's back. E.g. How do the three bears walk, etc.